

The extraordinary
CHRIS

ASTROLOGER — PSYCHIC READER — PARAPSYCHOLOGIST

the
Revolutionary
Method

Positive Energy Transformations Program

When life becomes a nourishing oasis that we never want to leave again!

A little advice before beginning:

Before beginning your Transformation Program, I would first like to give you a little advice: To discover my method in peace, sit down comfortably in an armchair or on your bed.

This first advice may surprise you. However, if you want my method to be efficient, you will quickly understand why it is important to take this into account. Oh yes, like any apprenticeship, you need to pay attention and be at peace with yourself. There's nothing worse than to be interrupted when you are learning to change your life! Also, while taking the time to discover this method, you will do something that you have never done enough: **TAKE TIME FOR YOURSELF!**

My second piece of advice: Don't take shortcuts. Because if you decided, for example, to go to section 3 before you accomplish section 1, the results we are expecting would not be as profound as those I promised you.

Why is this?

It's quite simply because each section will give you the useful knowledge and well-being for the next section. To illustrate a way to help you understand: it is like getting ready for travel abroad, you can not leave for the airport empty handed; without a passport, without any luggage and without knowing exactly where you are headed. That is not the way to begin your trip successfully. Especially if this trip is your first adventure!

Well, for the Revolutionary Method, it is exactly the same thing. As we go along section after section, you will prepare yourself for the following step. Then, do you know what will happen? You will make the most marvelous of all journeys! A journey, which I hope, from the bottom of my heart, will

lead you, like others, to the land of Happiness!

My last piece of advice: Do your program at your own pace. The most important thing is that you do it seriously and complete each step. The time it takes you to do this is not that important. Some people do it in only a few weeks, others take a little longer. It may also happen that you need to repeat each exercise several times.

In fact, even if this method calls upon powerful forces, you must not forget, that in the end, everything depends on you. In order for this method to be a success, you must take into account your concentration, the degree and the depth of your mental blocks (if they are deep and old, you will need more patience) and your motivation. You must never forget that this method should be pleasant for you and never restrictive. I insist on this point!

What results can you expect during and after you have applied the method?

You will notice on your own, that during this adventure you will feel a transformation inside you. You will begin to see yourself such as you are. You will develop all of your unawakened potential. Little by little, you will rid yourself of all the negative energies which you have accumulated during your lifetime.

It is the truth. You will very soon feel light and free. As you are making progress, your conflicts with the people close to you will start to disappear. People will notice how you now glow with happiness! Expect that people will sense you have changed!

The truth is you will finally have succeeded in being who you really are, and since you are finally happy to be alive, this will be noticed. The people around you seek out your company more than usual because you will make them feel good!

You will also learn how to attract positive energies, and most importantly, how to use them! You, yourself, will begin seeing real changes happening in your life. In whatever area of life you wish to succeed (money, love, well-being, success...) the

positive energies that you will attract, will help you in a noticeable way.

All this will have joyous results, as your present life is transformed. Do you want happy upturns in your everyday life? You will not lack them!

All of the projects that you want to succeed will, at last, become possible! You will attract luck like a flower attracts bees. To tell you the truth, for the first time you will get up in the morning with a heart full of joy, asking yourself if it is real because your life is so beautiful now! Believe me, being able to enjoy the life I am describing is not something available to everyone!

Now, there is only one thing left for me to wish you:

Have a very good journey!

PART 1 LISTENING

Listening is your first session. Without a doubt, you're thinking that there is not much to do in this one. I reply immediately: **YOU ARE WRONG!**

Try, for example, to remain focused on a candle flame for only 5 little minutes and you will quickly understand how difficult it is to stop moving in order to concentrate!

To stop and listen in order to understand, to think, is therefore an action. It is a major action if you want to advance in life. Happiness cannot enter your life if you keep running left, right, and center. It is simple; it will escape you each time!

So, sit down and listen to what I have to say to you to now...

To begin, I would like to explain to you what energy really is. Everyone speaks about it, but in the end, no-one really understands the subject. It's a bit like the sun, the rain, and the wind. They are elements which are so familiar that often we forget they are not only essential for life, but also that they offer us marvelous and beneficial virtues. What would our earth be without the sun? How would flowers reproduce themselves if the wind didn't carry their pollen? How could we live without rain? But...let's get back to energies...

What is energy?

The origin of this word dates back to the XVth century. It comes from the Latin, *energia*, meaning "power in potency" which is sometimes also translated as "potential power".

Energy is therefore a potential force, a power which enables action, or which unfortunately, can enable destruction if it

has a negative polarity. For example, bewitchment, sorcery, and rituals of black magic all call upon negative energies.

But let's get back to energy in general. Whatever the energy we are talking about, it is of the utmost importance you understand that it is the invisible power which enables us to act. If it can be brought to act, we can use it to bring about a change in our lives.

Where exactly can we find energy?

Everywhere! Everything in our world (be it on earth, in the seas, in the air, or even in the cosmos), everything is ENERGY! Many ancient civilizations have used the energies of the world in their everyday lives: the Chinese, the Tibetans, the Indians of India, the Indians of America, the Amazonian people, the Egyptians, the Africans...

In western countries, progress has bid us to forget this knowledge. However, our ancestors and the ancestors of our countrymen, perhaps even in our own families, all of these people knew how to harness not only the energies of the Moon and of the Sun, but of many other forces. There were even traditional celebrations dedicated to honor them.

Today, those who know how to use these energies are rare, and even more rare are those who realize that they exist everywhere!

Everywhere? A demonstration of the proof: what is the point in common among the following: the bird which flies, the leaf blown along by the wind, the sun which shines, the pendulum which swings, your mind that dreams, your body that moves, electricity which lights up the lamp, the planets which move in orbit and lots of other things?

There's only one common denominator among them all: Energy! This is the proof that energy is everywhere!

Is energy necessarily positive?

Well, unfortunately not. Remember, I told you about this earlier. When energy is negative, it can cause a lot of harm.

Here is a concrete example of the harm it can cause. Sit

down next to someone who is angry or who is very sad. This person will produce and emit (whether voluntarily or not) negative energies. It will not take long for you to receive them. This will consequently make you sad and unwell. Worse than that, on top of this, you risk to transmit, in your turn, these same negative energies to others. The principle of any energy (whether it be good or bad) is to circulate!

Take the opposite case. Sit down next to a person who is radiant with joy. So, what will happen to you? Not only will you want to stay with this person but, even more, the person will help you to outshine yourself.

Why? Because this person will have sent you positive energies which will strengthen you. Remember the definition of the word "Energy", "potential power or power in action". Do you understand now? The more time you use to stock up on positive energies the more you will see your life changing in the right way.

So, now that you have all the information about energies, you need to learn how to sense them. And this is the first exercise in this program. Why? Because, in order to attract and to use these energies, you need to be able to identify them.

In order for you to understand the reason, here is an illustration which, I think, will allow you to understand what I want to tell you. Imagine that someone asks you to go to the mountains to collect a medicinal plant. If you don't know how to identify this plant beforehand, how are you going to find it? You will walk for a long time, get tired for nothing, and in the end you will probably get disgusted, and may not want to try again!

This is why I want you to be able to identify and to learn to feel energy. In order to do this I want you to go outside! Yes, this first exercise will be done outside (if you have a garden or a terrace where you feel peaceful, then this will do).

To do this exercise, it's very important that you have time to spare, and that you can be completely relaxed. I insist that this exercise must only be done when you feel like doing it!

Read through it carefully before going out (you can even do a little rehearsal at home first to see if you've remembered everything).

Exercises

Choose a place where you feel good (garden, terrace, park, woods, countryside, or if you're in town, a seat next to a tree, a square with flowers, a fountain...). Importantly, do not go there or anywhere there are crowds.

* Sit down. Keep your back straight. Put your feet flat on the ground. Let your arms relax on your knees (hands turned towards the sky). Imagine that your backbone is a trunk which links the earth to the sky. Close your eyes and empty your mind.

* Breathe in softly through the nose, and breathe out through the mouth, softly. Then, block your right nostril with your finger while breathing with the other nostril, then breathe out through the mouth. Repeat this exercise by doing the opposite this time: block the left nostril while breathing in through the right nostril, then breathe out through the mouth.

* When you feel at peace, listen to all the sounds that surround you. Have fun for a few minutes trying to identify what you are hearing (a car, a bird, someone who calls from afar, children's laughter...). Put yourself in harmony with your surroundings by trying to forget that you have a body. Be, foremost, a thought which is freeing itself.

* After having listened to all the sounds, concentrate very strongly on the palms of your hands. You will see that after a few minutes you will feel a tingling, or perhaps a sensation of heat... It's quite normal (some people perspire in the palm of their hands while doing this exercise).

And do you know why? Because this exercise that you have just done will have opened your consciousness to energy. These little tingles and/or this heat, are quite simply the result of the exercise. You will have felt energy for the first time. This is of the utmost importance for the rest of the program.

* Just before opening your eyes, repeat this phrase ten times while concentrating on the palms of your hands, "I'm taking in the energy which moves around me and I'm feeling well".

When you have finished this exercise, take your time before getting up. Take notice of your body again.

* If you haven't felt anything, it's because your concentration was not at a maximum level. I would advise you to repeat this exercise another day. Don't feel guilty; this is not proof that you will not make it! It's simply because, more than usual, you lacked confidence in yourself.

Consequently, you suffer from a great and real difficulty to let yourself go... Say to yourself that next time you will make it and that we can't always succeed at the first attempt!

* If, on the contrary, you felt everything I described, then that means everything went well. Congratulations, you have finished the first phase! You'll see that this exercise will make you feel good for the rest of the day! You will have the impression that you are lighter. You can repeat this exercise as many times as you want. Moreover, the more you practice this exercise, the quicker you will advance in this program.

This exercise can only bring you a sense of well-being. Now, let's continue the journey and go on to the next unit!

PART 2

PURIFICATION OF NEGATIVE ENERGIES

Now that you know how to feel energy, we'll move on to the next phase, that's to say, the purification of negative energies which you have stocked piled inside yourself, and those which are surrounding you.

Those surrounding me as well, you ask? Yes, because we can't leave you in an environment full of negative energies. To illustrate what I mean, it's like if after having taken your shower you dive into a mud bath!

Why is it necessary to purify yourself?

Well, because negative energies have been particularly efficient in stopping you from moving forward. With these negative energies, there's no way possible to advance, therefore, no Happiness is possible! There is no greater barrier in life than negative energies! The problem is, they are absolutely everywhere!

Before explaining how to get rid of them, you must first understand where they come from, ...and how they spread.

Where do they come from?

From inside and from outside. Let me explain.

Those coming from the "inside" are those which you create. For example, if you are sad or angry, then you yourself will produce negative energies which do you great harm.

There are also those coming from the "outside". They can be produced by certain planets in the solar system (for example, when in astrology, it is said that you are entering into a risky period). Then again, they

can also be produced by telluric movements and/or climatic conditions (you surely know the expression: "there's electricity in the air"), or by stagnant water... But most of the time they come from the people you meet.

Take a walk through a crowd and you're absolutely certain to pick up a huge dose of negative energy (except for happy events, like concerts, when people get together to enjoy themselves). Humans are, therefore, both excellent receivers, and terribly efficient transmitters of energies. If the energies are good, it's fantastic. If, on the other hand, they are not... well, I will let you imagine what can happen.

How do they spread?

In fact, this phenomenon cannot be seen with the eyes... It is therefore complicated to explain it to you. But to sketch it out for you, energy moves from one point to another in the air and it stops when it finds a receiver on its path. Even if you have felt what energy is, it will be difficult for you to see it.

There are certain Yogis who can see this because they have attained a state of superior consciousness that is above the normal level. However, for ordinary people it's quite simply impossible even to attempt it.

The only things you might see at present are the consequences and the actions of energies. If you are interested observing the actions of negative energies, I suggest that you go to a place where you can observe conflict... Notice the things that happen and you will see how these energies behave with your own eyes!

Now, let's get back to you... From the time of your childhood, you have accumulated deep down inside you, a great storehouse of negative energies. If you have never emptied this storehouse, then this must create a lot of problems for you. It is one of the characteristics of the physical body to react to negative energies. If you have too much negative energy in you, not only will you be feeling bad but, on top of this, you will be attracting a lot of problems that come from the outside. This is what we call "bad luck".

Have you ever noticed that problems always arrive when you are tired? How many times have you been sick, and how many times have you said when a new problem arises, "I don't need this now"!

Negative energies feed on misfortune, and worse than this, they intensify it. Let me explain: The more negative energy you have inside you, the more the negative mass will increase. It's for this reason that it's absolutely necessary to empty your storehouse regularly!

This is what I'm proposing you do in this Unit... purify yourself by eliminating the negative energies from your body and in your surroundings. Once you have done this, you will feel so much better. You will have more energy. You will find it easier to have a winning spirit and you will begin to have more people drawn to you.

For this to happen, you will need to do some short exercises, which in esoteric terms we call "rituals":

Exercise 1

Choose a place where you feel good (garden, terrace, park, woods, countryside, or if you're in town, a seat next to a tree, a square with flowers, a fountain...). Importantly, do not go there or anywhere there are crowds.

In the first one, you will purify yourself of negative energies. To do this, you will need some accessories: a handful of coarse sea salt, incense (Ideally it's best to use incense paper as it has purifying virtues. It is easy to find in drug stores), a wooden spoon* (*You must never use metal as this would interfere with the energies), a few candles, and a bowl of mineral water.

Why the salt? Because salt is a mineral and has purifying characteristics.

Before starting this exercise, it is very important that you be (as we say for sportsmen) in good condition.

It is essential that your body be completely relaxed, and that your mind is focused.

To do this, I ask you to complete the exercise from Unit 1: go to a peaceful place, somewhere you feel relaxed... Make sure that no one will bother you during this ritual.

In order to relax more easily, you can put on some soft music, or take a warm bath for example. When you are relaxed, do the breathing exercise of Unit 1: Breathe in softly through the nose and breathe out through the mouth. Then block your right nostril with your finger while breathing in with the other nostril, and then breathe out through the mouth. Repeat this action, this time in the opposite way: block the left nostril while breathing in with the right, then breathe out through the mouth.

Do this exercise several times as it will allow you to be feel more peaceful. Then, light your candles (put the candles near you as you will need them at the end of the ritual), light your incense, and then do the following:

* Put the equivalent of two big soup spoons of coarse salt in a bowl of mineral water. Mix using the wooden spoon.

* Dip your left index finger in the bowl and put a drop (as if it were a drop of perfume) behind each ear, in between your two eyes and on the inside of your wrists (these are the most important points of energy).

* Massage lightly in a clockwise direction to activate these points (30

seconds for each).

* Put your two hands out flat, just over the bowl, and recite this phrase several times:

"May all the negative energies which make me suffer be destroyed instantly."

"May this water containing the salt from the earth swallow up every negative particle which harms my existence. I want to be freed, and feel well in my body."

* Now, put your two hands in the bowl and wash your hands.

* Dry your hands with a clean towel, then put your hands around the flame of the candle (without burning yourself of course) and say:

"May the fire of this flame seal closed my points of energy so that I am purified.
May the fire of this flame close up my points of energy."

* To finish, you will put your right index finger on all the points of energy I indicated above. This time, you will massage them in an anti-clockwise direction. This action puts an end to the ritual, and you will now be completely purified from negative energies.

* Throw the water in the bowl down the toilet, blow out the candles and let your incense (or your incense paper) burn out.

Exercise 2

This second exercise consists of purifying your environment. For this, you will need (as in the first ritual) some incense paper, a box of coarse salt, and several small bowls.

* Put the equivalent of 6 big soup spoons of coarse salt in a little bowl and put a bowl in the four corners of each room of your home. Then, in each room (even in the bathroom) burn your incense paper.

* Leave the bowls of salt for 48 hours. Then, throw the salt down the toilet. Once you have done this, wash your hands.

Some advice: If people with negative energies (anger, tiredness, stress, sadness) come to your home, don't hesitate to repeat the ritual.

If you go out and you want to protect yourself against negative energies, you can make a protection shield. To make this, take a small square of white material, either cotton or linen. Fill it with coarse salt, and tie it closed with a string.

* But be careful! You must not enclose this little parcel in your purse, or in a case. Why? Because it couldn't protect you. You may put it in

your pocket, for example.

* If, at the end of this Unit, you are not feeling better, if you are still stressed and anxious, if your nights are still difficult, it is because you have not been at your maximum concentration level. Once again, don't worry! You only need a little more time, that's all! Don't lose hope, you'll get there! When you feel the time has come, repeat these rituals and you will see that they do work! Good luck: Perseverance always works!

* If, at the end of this chapter, you are feeling better, that means the exercises have worked! Congratulations! You no longer have any negative energy inside you. You must surely feel a sensation of peace. You will see, as the days pass, that you will have fewer conflicts and people will begin to approach you.

This is only the beginning. In the following Unit you are going to learn how to attract and hold on to the positive energies! The great change begins now!

PART 3

Conscious Transformation and Re-building Yourself with Positive Energies

If you are now ready for this Unit, it is because you have succeeded brilliantly in completing the first two. You have developed qualities that you did not have when you began.

You now know how to put yourself in a good condition to feel energy. Consequently, this means that you know how to relax.

You know how to recognize the energy passing through you. This is a fundamental principle as it means you know now how to listen to yourself. You're beginning to understand that you are not just flesh and bones. You are not some sort of mechanical system that has to advance at any price. There are changes inside you, and you have understood this too: that rebuilding is becoming possible.

You also know how to purify yourself from negative energies. Therefore, you know how to protect yourself. Here again, this is a great step forward in your personal evolution.

All of these points are extremely positive because they confirm you are

truly on the right path to change your life. At this stage, let me say, from the bottom of my heart, CONGRATULATIONS, you should be very proud of yourself!

You are approaching your goal, and never forget, your goal is to attain Happiness.

What is waiting for you at the end of the next two Units? I'll tell you right now that you will feel well both in your body and in your mind.

People will say that you have changed, that you are radiant with joy! Little by little, you will make new friends, and the projects you undertake will be successful. At last, you will attract luck to you!

So, I repeat again, from the bottom of my heart, if you are now at this new Unit, it is because you desire to succeed... and you will, because you've already done the hardest part!

So, let's get on with this new Unit. This one is divided into two phases:

Phase 1 Conscious transformation:

This first phase will enable you to transform the thoughts stuck deep down in your subconscious. To do this, you need to do a "psycho-energetic" exercise.

So, you're going to say to yourself, what has the subconscious got to do with a program talking about energies? Well, everything is connected. Let me explain. I have told you that as time passes, you have continued to store away negative energies. These energies have changed your thoughts. Those thoughts which are destructive, are stored deep down and far inside your subconscious. The subconscious is powerful and it can be terrifying. It acts in its own way without you being able to control it. All that is negative is stored in there and it creates a force of mental blocks.

These blockages stop you from freeing yourself and that can get in the way of allowing this program to work. Because honestly, you can pick up all the positive energy you want but if, in your subconscious, there is always that terrible little voice which tells you that you will never succeed, then all these positive energies will just turn around in circles inside you!

This first psycho-energetic exercise will enable you to liberate the person and the potential which is sleeping inside of you. I must add here, that this is now possible because in the last Unit you got rid of your negative energies. You have now freed the path for you to continue your journey.

The second phase, is a little different. It contains a ritual that will attract positive energies to you.

Phase 2

Ritual for re-building yourself by way of positive energies:

You are going to replace all the negative energies that you rid yourself from with good energies. We have liberated and unlocked all the blockages of your subconscious, now we must absolutely give you some "gas" to allow you to work.

To illustrate what I'm explaining: If you repair a car and make it brand new again... but you don't put any gas in it, then you won't go very far!

This ritual will, therefore, enable you awaken the potential which is sleeping inside you. At the end of this Unit, the change will normally be visible already. You can expect your friends to ask you what's going on with you now!

I propose that we begin our work on the practical side. We will start with Phase 1, i.e. the psycho-energetic exercise.

This exercise must be done at night, an hour before you go to bed. For how many nights you ask? There's no rule. Some people will only need two or three nights. Others, whose blockages are deeper, may need two or three weeks.

Why at night?

Because it is at this time that the subconscious will record most efficiently what you are imposing on it! You must know that all that we do and say just before going to sleep, goes directly into the subconscious and works while we are asleep.

How will you know if it's worked?

It's simple, you will feel it. Here's an example; if you were timid (shy) and you find that this timidity has disappeared, then you can say to yourself that the program has worked! If, after having performed the ritual, you feel at peace, and you can feel new energy moving inside you, it's because you have filled yourself with positive energy!

Exercise

* Take two sheets of paper. (Let me make this clear, you're not writing a story. Don't worry about the style or any mistakes. Just write down your thoughts as they come to you!)

On the first piece of paper, write down all you haven't done during the day, during the week or even during the past months. This means writing down all that you could have done but that you set aside even

before beginning it.

In this way, you are going to try to find your mental blocks. When writing them down, you will become aware of the pattern of your blocks and the more you are aware, the more your subconscious will be unlocked!

Some examples: I went to a store and I didn't dare ask the clerk the price of an item ... My neighbor blamed me and I didn't know how to reply... I wanted to go for a walk, but I didn't have the energy to go... I bought some candy although I know it's not good for me and they make me fat... I got into an argument with my kids or with my partner because I didn't know how to explain my feelings... I haven't taken up music, drawing, mechanics, photography or dancing although I know I'm made for that and I love it... I haven't gone shopping for clothes for a long time because I think I don't matter to anyone... I don't pay attention to my appearance because I don't think I am attractive...

* Once you have finished this little summary, read it out loud. (When reading it out loud your subconscious will hear it).

* Then, burn it while saying out loud,

"May all my blockages, all my stress and all my anxiety, disappear for good. I'm casting them away; they don't exist anymore"

* Then, take the second piece of paper and write down all you would like to do and what you'd like to be.

Some examples: I want to be self-confident... I want to feel strong... I want to show my sensitivity. I want my gifts to be appreciated... I want to be attractive... I want people to look at me and to see my qualities... I want to begin again to be what I was made for (dancing, pottery, mechanics, photography, etc).

* When everything is written down on the paper, read it through, out loud, while looking at yourself in a mirror. Then go to bed and put this piece of paper under your pillow.

* When you're lying down, close your eyes and relax your muscles one after the other starting from your feet, your legs, your bottom, your stomach, your abdomen...etc. Learn to love yourself. Visualize your body and tell yourself that it is beautiful the way it is and that you accept it like this.

To make things clear: Learn to love your body and your soul will feel better inside you. Breathe peacefully. Think of a happy moment, and let yourself doze off slowly into sleep, thinking about tomorrow as a beautiful day.

* When you get up the next morning, take the paper which is under your pillow and read it again. Say to yourself that today is a new start!

Second phase, the Ritual:

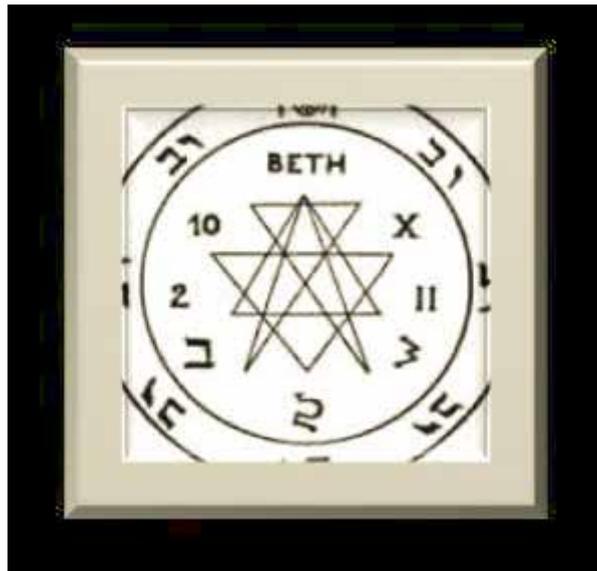
The following day (at a time when you are the most relaxed) you will perform the ritual as stated below. The aim of this ritual is to give you the positive energy that you're lacking!

Thanks to this, you will rapidly be in good spirits and you will be radiant with joy!

For this ritual, you will need candles, incense, the talisman here below (this is to help you capture the beneficial energies of the four elements) and the piece of paper that was under your pillow.

* Light the incense and a candle, then do the breathing exercise from Unit 1.

* When you are completely relaxed and focused, put your two hands flat just above the talisman below, and then repeat three times, with perfect concentration:



"May the very powerful and positive forces from the Heavens and the Earth come to me."

"May these good energies circulate around me, penetrate me, and feed me deep inside."

"May they spread over my entire being and give me the energy to change.
I am energy, I live energy."

"I love energy and I use it to feel better."

* Lastly, get up and cross your arms so that the energies circulate well. Take a deep breath and feel the beneficial energies circulating inside you.

* If at the end of this Unit you are not feeling in good spirits, if you do not have the impression that you're ready to move mountains... if you do not feel inside you that something new has been born, then it is because your subconscious is resisting. You must be patient and take the time to repeat this ritual, and this exercise.

But, do not become discouraged. If you have succeeded with the first two Units, you will obviously succeed in this one... Patience is the greatest of virtues... as a wise-man once said: "A moment of patience is already a victory!"

* If you can feel beneficial energies working inside you, if you are feeling good, and you are enjoying life... if you are rid from anxiety and defects... if you have been able to surpass certain limits that you believed you could not... then you have succeeded in this Unit. Congratulations! You can be proud of yourself!

Everything is ready now, for your success. Do not hesitate to take the first step forward. Initiate new projects, go out and meet people! You will see! You will have only pleasant surprises!

And do you know why? Because people will feel that you are a positive person! Open your eyes, lots of good things are going to happen to you!

However, I must warn you that as soon as you start to feel a little tired, you must take time to repeat these exercises and rituals. Energy, just like the food we eat each meal time, feeds your body and soul.

If, after a while, you feel you have a tendency to be falling back into a negative thinking, it means that you have left the door open to negative energies. In this case, immediately repeat the Ritual of Purification.

For your information, if you are asking yourself if it's normal to perform these rituals several times, I tell you yes! To give you an example, all the great Yogis perform these rituals at least ten times a year!

PART 4

To succeed in your Projects by using Positive Energies and by attracting Luck

Unit 4 is one of the most important of the program. However, don't have any regrets because you have not arrived sooner at this destination. I assure you that it was of the utmost importance that you passed the other Units in order to succeed in this one.

At this stage, you are nearly here... I can imagine that you have surely been anticipating this moment.

In this Unit, you are going to learn how to attract beneficial energies regarding money, love and success.

I must tell you that even today in India, in the higher classes, these rituals you are ready to learn are still in use. In order that young married couples can live their lives in prosperity, with success, and especially with love...the parents, just prior to the wedding, go to see the wise-man of the village. In exchange for gifts, he then performs the rituals that you are about to discover.

You will not be doing exactly the same ones. They use very rare powders and an incense that you cannot obtain. But this is not really a problem, I have been able to adapt these rituals for effective use in the western world.

You will find below three rituals. Their aim being to favor luck in three fields of life: Money, Love and Success.

Thanks to the rituals that I am going to share, you will capture the energies necessary to activate these life fields.

How can we be sure that there is an energy system connected to these three fields of life?

So that you can understand, I am going to give you examples which will illustrate a lot better, what I'm saying without long and complicated explanations:

Have you ever watched someone playing at a table in a casino (someone who wins, of course). Well, if you look at him, you'll see that he has a very special gleam in his eyes... This gleam is an outward sign that he has a very developed inner energy for attracting money.

As for love, you simply need to observe the glances between lovers... and you will see, without effort, the radiant energy which circulates between them.

And for success, it's exactly the same thing: The one who wins the race will have a different sort of energy in his eyes than the others.

There is a popular saying which shows what I'm saying is obvious: "she has a gleam in the eye" or "see how their eyes shine"... Do you know why we can see the energies in people's eyes? Because the soul is reflected in the eyes, and the soul is full of different energies.

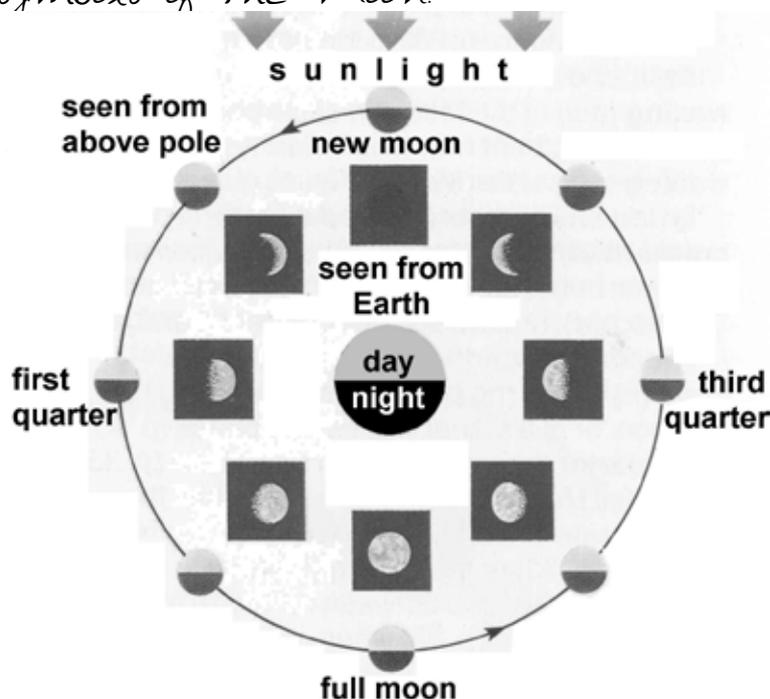
For you, it will be the same thing. Once you have performed these 3 rituals, you will also have this energy shining through your eyes!

First Ritual

to activate the Energies linked to Money:

You will need: Aluminum foil, a lighter or a match, a bowl of clear water, a small spoonful of sweet almond oil and a green candle.

To attract Energy linked to money, you must perform this ritual during the first quarter of the Moon, and preferably on a Thursday. So that you can find a date on a calendar, here are the different symbols of the Moon.



Why is it important to do it at this time?

It is important because it is at this moment that the energies linked to money are the strongest and most powerful! As for Thursday, it's the symbol of money. Thursday is also the day of Jupiter, the planet which summons the winning of money.

* After having done the focused exercise that you learned before, choose a peaceful place where you are certain not to be disturbed, and then begin your ritual.

* Sit down at a table and trace an imaginary circle in front of you with your finger (about 20 inches in diameter). This will be your sacred space in which you will perform your ritual to attract the energy.

* Light your candle while saying :

*"By Jupiter and by the powerful forces of the Universe,
may the doors open to the Energy of Money."*

* Take the aluminum foil and roll it into a ball of about 2 inches in diameter. Put it in front of the flame (be careful not to burn yourself) and say,

"May the power of the Energy of the Fire make this ball a magnet for money."

* Then put your ball in the water while saying,

"May the power of water make solid the power of the receiver of the Energy of Money."

* Then put three drops of sweet almond oil on your ball of aluminum.

* Take your ball in your two hands and recite the following:

*"By the power of the Moon, by the power of Jupiter,
by water and by Fire,
may this ball become a magnet which attracts the energies of money.
I want to win a lot of money in the coming days. Energies: come to me."*

* When you have finished, blow out the candle and throw the water away. Keep very carefully this ball of aluminum that you have made...it is what will attract the energies linked to money. In the days following this ritual, you may win at games of chance (as long as you go to play, obviously) or you may find an envelope of money in the road...you may win a trip, or even receive a sum of

money unexpectedly - like a reimbursement from the Tax Office or perhaps an inheritance from some distant member of your family.

I only advise you to pay attention and that you keep your eyes wide open!

Do not hesitate to repeat this ritual as many times as you like (always following exactly what I have told you to do).
At last, and this is a very important point before going on to the next ritual: NEVER throw away this ball of aluminium that you have made.

To the contrary, do not hesitate to make it bigger by regularly adding aluminium foil around it. The bigger it is, and the more often you perform this ritual, the more its powers to attraction will be strengthened!

Second Ritual

for attracting the energies linked to Love.

All the Money in the world can not make up for a life without love...is not love the most important thing in life?
To perform this ritual, you will need: a red candle, matches, a glass of clear water, a bowl full of red rose petals, a sewing needle, and some white cotton thread.

To attract the energy linked to Love, you must perform this ritual at night, after sunset and during the first quarter of the Moon. You will do it on a Friday because this is the day of Venus, the goddess of Love.

* First, do the focusing exercise learned in Unit One. Choose a peaceful place where you will not be bothered and then begin your ritual.

* Light your red candle (be careful not to burn yourself) and recite out loud:

"By Venus and by the powers of the Universe, may the doors to the Energy of Love open."

* Take your glass of clear water, put your right hand flat over it and say:

"May Venus bless this pure water and impregnate it with her vibrations, giving it the power to lead me to True Love."

* Sprinkle the rose petals in your bowl while saying:

"May the love I find be as pure and as strong as my hopes."

* Take 6 rose petals, your needle and your thread, and sew your rose petals, one by one, to make a necklace. When it's made, wear it for the night around your neck.

* Spread the rest of the rose petals around your bed and go to sleep.

* The next day, hang up your necklace in an airy place so that it will dry, and wait for the Great Love to come to you.

If you have performed this ritual with all the necessary concentration, love will come. Do not doubt this, it will come even before the rose petals have dried completely. It will certainly be unexpected! It will be a new lover, or perhaps an old lover who comes back. However it presents, it will be True Love.

Third Ritual

to attract the energies linked to Success.

Whatever the goals we have in life, it is often difficult to attain them because of the many great obstacles put in our way. The ritual of the Sun's Cross, because the Sun's Cross is the "magic crucible" of heavenly will, gives us the power to tear down obstacles, and leads to the success of projects.

To perform this ritual, you will need: a yellow or golden candle, matches, a little flat stone or a pebble, a small paint brush, a tube of oil paint that is either yellow or gold.

To attract Energy linked to Success, you must perform this ritual at midday, and at the new Moon. You will do it on a Sunday, as it is the day of the Sun, the God of the Cosmos, the principal source of energy in our Universe.

* Do as you have done before, the focusing exercise which you have learned, and always choose a peaceful place where you will not be bothered. Then begin your ritual.

* Light your yellow candle (be careful not to burn yourself) and say out loud:

"By the Sun, God of the Cosmos and by the powers of the Universe,
may the doors to the Energy of Success be opened."

* Take your pebble, put your right hand flat on it and say:

"May the sun, Spirit of Victory, bless this stone and impregnate it with its vibrations, giving me the power which will lead me to success!"



Then take your paintbrush and your tube of color, and paint carefully a Solar Cross (see above) on your stone while reciting as you paint.

"Sol Invictus - Sol Invictus ..."

* Leave the paint to dry until the following day.

Then, you only need to put your pebble in your pocket each time you have a decision to make, an appointment, a meeting which may affect your future, and you will find that success will always be on your doorstep!

Whether this journey has been difficult or easy for you, the main thing is that you've arrived at your destination. Because the reward for this marvelous adventure is Happiness!

I would, therefore, like to say one last thing to reassure you that you will lack nothing you need to be successful on your Journey towards Happiness.

Repeat the exercises and the rituals as many times as you need to, if you do not obtain immediate satisfaction. There is no doubt that you have not been able to concentrate enough.

Most especially, never lose hope. You, as does every human being on this Earth, without exception, possess a fabulous treasure inside yourself which only needs to be discovered! Yours is certainly buried deep down inside you. Have confidence in yourself and have the trust in me to believe that I want only Happiness for you!

I believe in you and I know from experience that you can succeed with this program, and go on to discover great joy.

I wish you all the happiness in the world!

Chris